

Portland Jr. Hawks 2007-08 Mite Program

Our player numbers are up and we are looking forward to a great season! Mite Division Director/Coach Chuck Ross and Coach Tom O'Connor return as Mite Co-Head Coaches and are excited to work with several new and returning assistant coaches and Jr. Hawk players. This year we will have multiple Mite divisions so all our kids can develop and improve while learning to love the game of hockey. We follow the USA Hockey 8-and-under Cross Ice/Small Games philosophy.

For the full story and more info on cross-ice, please see http://www.usahockey.com/Template_Usahockey.aspx?NAV=PL_01_18&id=5238&USAHockeyType=ICE

Junior Mites:

- 3 Ice times per week (one Clinic shared with Senior Mites)
 - 1st ice time – Emphasis on skating
 - 2nd Ice time – Emphasis on puck handling, shooting and small area games
 - 3rd ice time – Cross ice games (Super hockey Saturday/Sunday)

The goal for the Junior Mite program is to develop skating, puck handling and small area game skills and progress from cross ice games to full ice before the end of the season. We will be attending at least one tournament this year. All games are played for fun. No records of goals or wins are kept. (except in the little minds of our Jr. Mites)

Senior Mites:

- 3 Ice times per week (one Clinic shared with Junior Mites)
 - 1st ice time – Emphasis on skating
 - 2nd Ice time – Emphasis on puck handling, shooting and small area games
 - 3rd ice time – Cross and Full ice games (Super hockey Saturday/Sunday)

The goal for the Senior Mite program is to challenge advanced 7 year olds and prepare our 8 year olds for the Squirt level. We still develop skating, puck handling and small area game skills but will start on full ice games early in the season. We will divide into equal teams and attend at least 2 tournaments this year as well as various scrimmages inside and outside the organization.

Mitey Hawks:

If in the opinion of the Mite Head Coaches there are enough players in the Senior Mite Program with the appropriate skill and maturity level, a Mitey Hawks team will occasionally be formed for certain events including scrimmage games against PJH Squirt House teams and at least one higher level Mite tournament after the conclusion of the regular Mite season. If formed, this team will only consist of 10-15 skaters and 1-2 goalies, with team members potentially changing from event to event based on player development and availability. It is important for parents to remember that we form this type of team to challenge more advanced players, but player development and fun still come first.