

Online Waiver –

As a condition of participating in the Portland Jr. Hawks Association (PJH) 3 v 3 spring and summer hockey program, the undersigned, as the authorized parent or guardian agrees and warrants as follows:

1. All players must be registered with USA Hockey for the 2009 - 2010 season.
2. All players shall abide by the rules and regulations established by PJH and USA Hockey. PJH, in its sole discretion, can exclude or expel any person from the program for violation of this provision.
3. As parent or guardian of the above-named player on a PJH team, I/we hereby give our approval to participate in any and all PJH activities. I/WE do further hereby release, absolve, indemnify and hold harmless the ice arena, the officers, board members, coaches, supervisors and any authorized physician. I/We understand that the term “authorized” physician means any other licensed, participating physician who is called on to perform any required medical services. There is a \$50 non-refundable fee once you have completed registration.

If you have any questions or concerns please contact:

president@portlandjrhawks.org

Phone: 503.332.8173

SPRING & SUMMER HOCKEY!

SPONSORED BY:



CROSS ICE HOCKEY

3 on 3

AGES MITE-BANTAM



“Dividing the rink and playing small games adds up to Big Fun and better skills for young players”

USA Hockey Magazine

Cross Ice Benefits include:

EMPHASIS ON...

- FUN! (Quiet coaches and loud music!)
- Come with a buddy and play together
- Skill development
- Experienced Coaches

GAMES...

- 1 hour session per week
- 8 Skates per session
- All games are played on **CROSS ICE** format that provides for:
 - More shooting, passing, scoring opportunities
 - More puck touches per player

REQUIREMENTS...

- FULL gear (Jersey provided)
- USA Hockey registration/insurance **
- A good attitude!

*** New players must register with USA Hockey.*

Cross Ice Hockey Season

Schedule:

Two Eight Week Sessions available:

Session 1 - April 11 thru June 6, 2010

Session 2 – June 13 thru August 8, 2010

All sessions on Sundays at either Valley Ice Arena or Sherwood Ice Arena.

Mites/Squirts 8:45 – 9:45 a.m.
Pee Wees/Bantams 10:00 – 11:00 a.m.

Age Groups: (Birth years)

Mite/Beg Squirt	(02, 03)
Squirt	(00, 01)
PeeWee	(98, 99)
Bantam	(95, 96, 97)

Our first priority will be to make this rink based. PJH will combine age groups if necessary.

SIGN-UP FORM

DEADLINE: MARCH 26

Cost is \$150 per 8 week session or \$275 for both sessions (16 weeks total). Goalies are FREE!

PJH may alter the locations and times to match total registrations.

Register online at:

www.portlandjrhawks.org

